



September 2015

Newsletter

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Adela Hathaway

Vice-Chairperson



A Message from Lui

The Victim Service Center Team is wrapping up the 2014-2015 Fiscal Year and planning ahead for our upcoming year beginning October 1st, 2015. This year has been a whirlwind and, we are proud to say, we have been able to support Central Florida in an extremely impactful, positive and meaningful way. We consistently strive to provide outstanding service for victims in our community and are committed to continue to do so as we embark on our upcoming fiscal year.

We have been actively strengthening existing relationships and partnerships in Central Florida and are

working to develop new partnerships and opportunities in an effort to provide the best possible programs and services for our clients. We are always continuing to find new, innovative ways to partner with law enforcement agencies, colleges and universities, hospitals and medical professionals, individuals and other agencies to be the very best in our field. This newsletter highlights just a couple of those efforts over the past month. [Read More](#)

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Orlando Bartenders Get Bystander Intervention Training

This past month, the Victim Service Center of Central Florida teamed up with the City of Orlando Police Department and University of Central Florida Victim Services to kickoff a series of trainings called BarTAB Orlando.

The two-hour interactive training session for bartenders, bouncers and bar owners included various activities and discussions about sexual assault prevention and bystander intervention.



Over 65 bartenders, bar security, and bar owners attended the first training. Future trainings will take place in other locations in Central Florida, all in an effort to prevent sexual violence in our community.

Former Client Gives to the Victim Service Center

A Letter to the Victim Service Center
August 2015

I am writing to express my sincerest gratitude to the Victim Service Center of Central Florida and most particularly, my Therapist, Theresa. I would be remiss if I did not take the time to say "Thank You!" Theresa proved to be God-sent to me during a most difficult time in my life. She was professional, attentive, warm, caring and effective as she walked me out of the darkness and back into the light. I will be

View our videos on 



Wish List

Gift Cards in \$5-\$10 increments
T-Shirts (Large and XL)
Elastic Waist Pants in all sizes
Sports Bras
Flip Flops (6,7,8)
Office Supplies
Bus Passes
Children's DVDs
Children's Books

[For our full list of top needs, visit our website!](#)

Welcome to our New Victim Advocate!

VSC is happy to welcome Victim Advocate, Indhira Acosta! She holds a Master's degree in Psychology with specialization in Applied Behavior Analysis from the University of Nevada, Reno and a Bachelor's Degree in



forever grateful for her and your organization!

When I first visited VSC for my first appointment, I felt so helpless, overwhelmed and confused about how to overcome the aftermath of sexual assault and harassment. I had undergone victim blaming and had

started succumbing to all the emotional and psychological pressures. Theresa validated that I was the victim and helped me understand and cope with the situation. So many blessings and so much healing came with every session until I felt strong again. She also prepared me for any triggers that could blind-side me and send me back into emotional turmoil. [Read the Full Letter](#)

VSC Staff Tours Rape Crisis Center in Alachua County



The Victim Service Center is pleased to share that on August 27, Program Director, JoEllen Revell and Marketing and Communications Director, Shelley Rodgers, visited the Rape Crisis Center in Alachua County for a half-day tour of the facility.

The purpose of the tour was to get a glimpse into how other Florida Rape Crisis Centers operate and to give us a new lens into what other agencies in the field are doing. The tour also provided an opportunity to reflect on ways the Victim Service Center of Central Florida, as the Certified Rape Crisis Center in Orange and Osceola Counties, is effectively serving our clients along with new ideas and opportunities to implement moving forward.

The visit is part of Victim Service Center of Central Florida's strategic plan to continue to

Psychology from Rutgers. She has experience working with individuals ranging from early childhood through adulthood, including those with developmental disabilities. Welcome, Indhira!

Join a Support Group

VSC offers many opportunities for empowerment. Join one of our support groups to continue your growth and healing.

If you are interested in learning more information please do not hesitate to schedule an appointment (407) 254-9415.

remain a best practice agency.

Mark Your Calendars

Lunch & Learn

Wednesday - September 30, 2015

12:00pm - 1:00pm

RSVP by calling (407) 254-9415 or e-mail [Rhonda Wilson](#).

Held the Last Wednesday of Every Month

By attending, you will learn about our history, mission, services, goals, and ways to get involved. To attend our Monthly Lunch & Learn, you must RSVP. Space is limited and lunch will be provided. We hope to see you there!

Victim Service Center of Central Florida

Contact Information

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24-Hour Sexual Assault Hotline: (407) 497-6701

www.VictimServiceCenter.org

