



February 2015

Newsletter

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### A Message from Lui

The Victim Service Center of Central Florida always works to ensure victims are afforded all opportunities to heal and move forward with their life. One way we often see that process beginning is by finding justice through the legal system. Unfortunately, in Florida, that opportunity is not always available.

The State of Florida currently has a 4 year time limit for victims to bring charges against their perpetrator. Florida ranks 48th out of the 50 states when it comes to the Statute of Limitations for reporting Sexual Battery for adults ages 16 and older. Once the time limit has lapsed, the victim no longer has the option to seek justice through the legal

system. [Read More](#)

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### Wish List

Gift Cards in \$5-\$10 increments  
Elastic Waist Pants in all sizes  
Sports Bras  
Flip Flops  
Snack Foods  
Office Supplies  
Bus Passes

[For our full list of top needs, visit our website!](#)

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### Give New Purpose to an old Cell Phone!

Did you know the Victim Service Center collects used cell phones for reuse?

Help save lives! Bring your cell phone to our office and we'll take care of the rest.

[Click here for more info.](#)

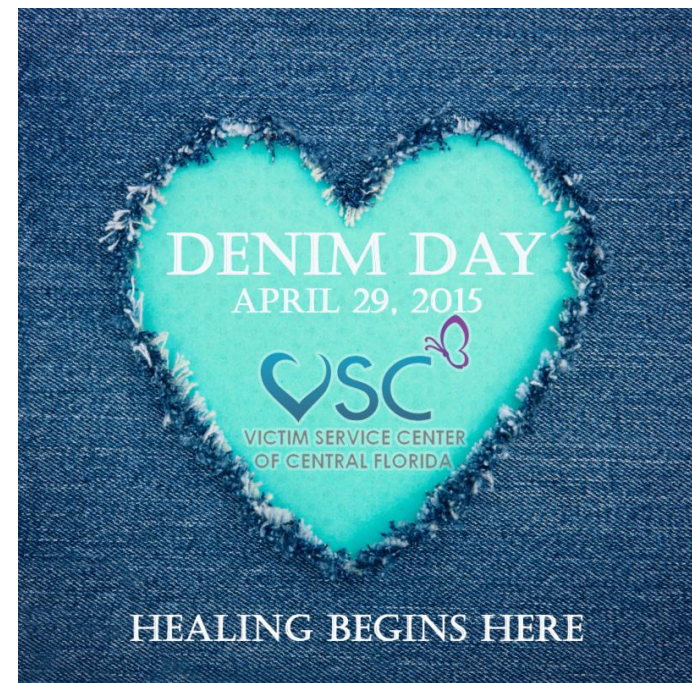
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### Join a Support Group

## Denim Day

Mark your calendars!

On Wednesday, April 29th, 2015, rally with us as we support victims of sexual assault on Denim Day. We are asking businesses, organizations, and other nonprofits to wear denim on that day and collect donations on behalf of survivors everywhere. All proceeds will go directly to support the VSC and survivors of sexual assault. VSC will provide teal ribbons to all participating organizations and individuals. [Click here for more info!](#)



*Whether you donate a \$1 or \$5, every dollar counts!*

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## Reaching Inmate Victims

It is estimated that 80% of incarcerated females have experienced sexual trauma or victimization at some point in their lives. These experiences are leading factors in substance abuse and mental health issues. Victim Service Center is working in partnership with Orange County Corrections Department (OCCD) to offer a Sexual Assault Trauma Survivor Program within the jail to serve women inmates. VSC will provide opportunities for program participants to address emotional issues resulting from sexual trauma. The program encourages participants to identify and replace dysfunctional coping patterns with appropriate coping skills which is essential for long-term change and recovery to occur. Our goal is to empower all who need support and provide the tools needed to heal.

VSC offers many opportunities for empowerment. Join one of our support groups to continue your growth and healing.

If you are interested in learning more information please do not hesitate to schedule an appointment (407) 254-9415.

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## Education

Learn how you can make our community safer! Schedule a personalized training with our Outreach and Prevention Specialist!

You could learn about:

- Sexual Assault
- Stalking
- How Men Can Prevent Sexual Violence (Sensitivity Training)
- Crime Prevention
- Identity Theft
- Internet Safety
- Personal Safety Planning

[Click here](#) to setup your training today!

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## VSC Trains Military Personnel

VSC was invited by the Florida National Guard to provide training to military advocates on the topic: Sexual Assault Nurse Examiner & Medical Procedures. This training was offered as part of the requirement for military advocates to maintain their National Organization for Victim Assistance Certification. Training was provided by VSC Outreach and Prevention Specialist, Rhonda Wilson, and SANE Coordinator, Judy Bednar. Additionally, VSC's Program Director, JoEllen Revell, was invited to sit on a panel presentation as part of the military advocates training. Members of the panel included a Florida National Guard Legal Special Victims Counsel, a mental health provider, a substance abuse prevention contractor, and the sexual assault response office. We are always excited to participate in this life-changing education.

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## 2015 Sexual Assault Conference

OSCEOLA COUNTY  
SEXUAL ASSAULT AWARENESS  
CONFERENCE



FRIDAY, APRIL 10, 2015

REGISTRATION AT 8:30AM

PROGRAM 9AM- 4:30PM

KISSIMMEE CIVIC CENTER

201 EAST DAKIN AVENUE

KISSIMMEE, FL, 34741

**PRESENTATIONS INCLUDE:**

DETECTIVE CASE STUDIES

SURVIVOR PANEL

SECONDARY TRAUMA

AN INVESTIGATOR & SURVIVOR PERSPECTIVE

THIS EVENT IS FREE TO ATTEND

TO RSVP, PLEASE VISIT:

[WWW.VICTIMSERVICECENTER.ORG](http://WWW.VICTIMSERVICECENTER.ORG)



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**Mark Your Calendar**

Join us for our monthly Lunch and Learn held the last Wednesday of every month!

Next Lunch and Learn:

Wednesday - February 25, 2015

12:00pm - 1:00pm

at

Victim Service Center

2111 E. Michigan St., Suite 210

Orlando, FL 32806

By attending, you will learn about our history, mission, services, goals, and ways to get involved.

Please let us know by close of business Friday, February 20, 2015 if you will be attending; space is limited and lunch will be provided. We hope to see you there!

RSVP by calling (407) 254-9415 or e-mail [Rhonda Wilson](mailto:Rhonda.Wilson@vsc.org).

## Victim Service Center of Central Florida

### Contact Information

Hours: Monday - Friday (8AM-5PM) | Office: (407) 254-9415

2111 E Michigan St, Suite 210

Orlando, Florida 32806

24-Hour Sexual Assault Hotline: (407) 497-6701

Toll Free: 1(866) 757-2046

[VictimServiceCenter.org](http://VictimServiceCenter.org)

