



April 2015

Newsletter

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### A Message from Lui

The month of April is Sexual Assault Awareness Month. This time of year, we recognize those individuals that have been victims of sexual assault, take a stand against violence, and raise awareness in the Central Florida community. In the month of March, the VSC team and Board of Directors were busy planning awareness activities and our 2nd Annual Gala, Cheers to Change, on April 17th.

On April 6th, the Victim Service Center is kicking off National Sexual Assault Awareness Month in a big way beginning with a City of Orlando Proclamation being presented by Mayor Buddy Dyer at the beginning of the City Council meeting. As part of the special presentation,

U.S. Congressman Daniel Webster will also be on-hand to recognize the occasion by presenting the VSC with an American Flag that was recently flown over The United States Capitol in honor of their awareness efforts. Plus, later that evening, the City will further commemorate the month long awareness campaign by lighting the Lake Eola Fountain and City Hall Tower of Light in the color TEAL; the universally recognized symbol of Sexual



### Wish List

Gift Cards in \$5-\$10 increments  
T-Shirts (Large and XL)  
Elastic Waist Pants in all sizes  
Sports Bras  
Flip Flops (6,7,8)  
Snack Foods  
Office Supplies  
Bus Passes

[For our full list of top needs, visit our website!](#)

### Give New Purpose to an old Cell Phone!

Did you know the Victim Service Center collects used cell phones for reuse?

Help save lives! Bring your cell phone to our office and we'll take care of the rest.

[Click here for more info.](#)

## Sexual Assault Awareness Month Activities

This month is sure to be an exciting and busy time in our community! Below is a list of upcoming activities to participate in.



City of Orlando Proclamation with a special presentation by  
Congressman Webster- April 6  
Lake Eola Fountain, Aloft, Tower of Light, and the Plaza Fountain  
will be lit TEAL-April 6  
Lauren's Walk- April 6  
Orange County Proclamation- April 7  
[Osceola County SAAM Conference- April 10](#)  
Brave Miss World Screening- April 13  
Osceola County Proclamation- April 13  
[Cheers to Change- April 17](#)  
Candlelight Vigil- April 21  
Coalition Breakfast- April 24  
[Denim Day- April 29](#)

To learn more, please [email us!](#)

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## Join a Support Group

VSC offers many opportunities for empowerment. Join one of our support groups to continue your growth and healing.

If you are interested in learning more information please do not hesitate to schedule an appointment (407) 254-9415.

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## Education

Learn how you can make our community safer! Schedule a personalized training with our Outreach and Prevention Specialist!

You could learn about:

- Sexual Assault
- Stalking
- How Men Can Prevent Sexual Violence (Sensitivity Training)
- Crime Prevention
- Identity Theft
- Internet Safety
- Personal Safety Planning

[Click here](#) to setup your training today!

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## Cheers to Change

We have had such a positive response to our upcoming event, Cheers to Change!

*We would like to thank our very generous sponsors including our Gold Sponsor, Mr. Bob Vander Weide.*

We hope you will join us April 17, 2015 for what is sure to be a fun and exciting event! Following Cheers to Change, continue the fun at Quantum Leap for our VIP After Party.

[Purchase Tickets](#)

## Rollins College Training

During the month of March, our Marketing & Program Departments have continued to train the Rollins College Fraternities and Sororities on active bystander intervention. Our team conducted 8 different presentations, educating nearly 500 students. We have thoroughly enjoyed working with the Rollins College staff and students and look forward to continuing the great partnership.



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## Meet the Team

This past month, we welcomed a new team member! Cynthia Coutard just joined our Marketing Team as the new Volunteer and Event Coordinator. She has worked in development and community relations for almost 10 years. After earning her Bachelor's Degree in Public Relations and Advertising from Temple University, Cynthia transitioned from sports communication to advocacy and outreach. She looks forward to recruiting empathetic volunteers and fundraising to directly benefit the Central Florida community. Prior to joining the Victim Service Center team, Cynthia's previous work experience included the Orlando Magic, Orange Bowl Committee, Women in Distress, and MTV.

If you'd like to become a volunteer, [email Cynthia!](#)

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## Mark Your Calendar

Join us for our monthly Lunch and Learn held the last Wednesday of every month!

Next Lunch and Learn:

Wednesday - April 29, 2015

12:00pm - 1:00pm

at  
Victim Service Center  
2111 E. Michigan St., Suite 210  
Orlando, FL 32806

By attending, you will learn about our history, mission, services, goals, and ways to get involved. Please let us know by close of business Friday, April 24, 2015 if you will be attending; space is limited and lunch will be provided. We hope to see you there!

RSVP by calling (407) 254-9415 or e-mail [Rhonda Wilson](mailto:Rhonda.Wilson@vsc.org).

## Victim Service Center of Central Florida

### Contact Information

Hours: Monday - Friday (8AM-5PM) | Office: (407) 254-9415

2111 E Michigan St, Suite 210  
Orlando, Florida 32806

24-Hour Sexual Assault Hotline: (407) 497-6701  
Toll Free: 1(866) 757-2046

[VictimServiceCenter.org](http://VictimServiceCenter.org)

